

## **2019 IMPACT INVESTMENT REPORT**

Strengthening global healthcare because of you

Working together for a healthier world

### To Our CHANGEMAKERS:

Last year, I joined a Bridge of Life (BOL) chronic disease prevention mission to Ghana, Africa. In five days, our team of 10 provided healthcare services to more than 1,500 individuals. To our surprise, we found that 29.5 percent of the people we screened had chronic kidney disease (CKD), compared to a global rate of 10 percent (according to the National Kidney Foundation).

Left untreated, CKD can progress to end stage renal failure, which requires ongoing dialysis treatment or a kidney transplant to maintain life. But many countries simply do not have these treatment options available. Consider these statistics:

- Over two million people worldwide currently receive dialysis treatment or a kidney transplant to stay alive, yet this number may only represent 10 percent of people who actually need treatment to live.
- Of the two million people who receive treatment for kidney failure, the majority are treated in only five countries (United States, Japan, Germany, Brazil, and Italy), which represent only 12 percent of the world population.
- Only 20 percent are treated in about 100 developing countries, yet these countries make up over 50 percent of the world population.

BOL is committed both to expanding access to dialysis treatment AND to helping prevent CKD. This dual-focused solution is the best answer for this growing epidemic, and we are one of the only organizations on the front lines of addressing it.

As always, BOL's work is only possible because of our volunteers and donors who believe that every human being should have access to quality healthcare. We believe that nobody should die of a preventable disease simply because of where they happen to be born.

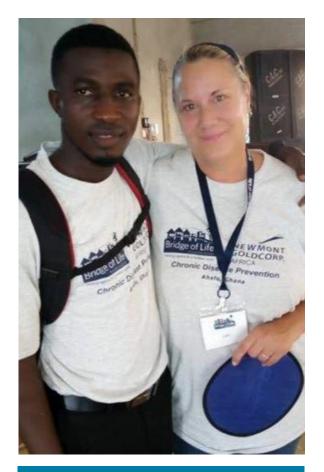
Thank you for your partnership in helping BOL create a healthier world for us all.

Sincerely,



**Lori Vaclavik** Executive Director, BOL





"There are 33 million people in Uganda and only 33 dialysis machines...unless people look at ways of addressing prevention as the bigger problem, then we are headed for a nightmare."

-Dr. Robert Kalyesubula President, Uganda Kidney Foundation

# You & BOL: Making Healthcare ACCESSIBLE



## You Strengthen Global HEALTHCARE

Rwebuga participated in a 2019 BOL chronic disease screening event in his home country of Uganda where he was tested for hypertension, diabetes and kidney disease and received individualized prevention education to help him maintain his health. "I didn't know I was putting things in my body that were damaging it," said Rwebuga. "I'm going to take better care of my 'home' [my body] by drinking more water, eating different foods and staying fit so I that I will be here to see you when you come back next year."



BOL, an independent 501(c)(3) public charity founded by DaVita Inc., is an international nonprofit organization working to strengthen healthcare globally through sustainable programs that prevent and treat chronic disease. Our vision is a world where all human beings have access to quality healthcare, and we strive to empower local staff, community health workers and patients through training and education to make sustainable changes to healthcare. Our supporters provide individuals with access to health services through BOL, improving treatment, care and quality of life for patients like Rwebuga across the globe.

### **BOL's PROGRAMS**

#### **KIDNEY CARE**

Establishes local partnerships to improve kidney care treatment for people with End Stage Renal Disease

#### CHRONIC DISEASE PREVENTION

Prevents and controls kidney disease and its root causes through screening and health education

#### **KIDS' CAMPS**

Places general practitioners, nurses, specialists, and nonclinical volunteers at medical camps for kids

### **BOL's APPROACH**



**BUILDS** successful partnerships



**TRAINS** in-country health professionals and community health workers



**CONNECTS** underserved patients to medical treatment



**EDUCATES** individuals on disease prevention



**ENGAGES** medical professionals as volunteers throughout programs

## **Your 2019 Healthcare IMPACT**



## The 9,020 Lives You Helped SERVE



COUNTRIES
where BOL partnered to strengthen healthcare access



26
INTERNATIONAL
MEDICAL MISSIONS

that improved patient access to healthcare services



10
KIDS' CAMP
SESSIONS
where BOL placed clinical

and non-clinical volunteers

183 VOLUNTEERS

who screened, tested, consulted, and educated



1,039
DIALYIS PATIENTS

treated at BOL-supported clinics



7,607
PARTICIPANTS

screened for and educated on chronic disease



**257** AV FISTULAS

placed to improve infection rates, mobility and quality of life for dialysis patients



**790**KIDS' CAMP
PARTICIPANTS

who could forget about their chronic illnesses for a week



26
COMMUNITY
HEALTH WORKERS

trained on patient testing, education and care



88
DIALYSIS PARTNER
STAFF

who received technical, operational and standards of care training



**581**LOCAL DOCTORS

empowered to treat patients with chronic disease



463
HIGH-RISK
PATIENTS

provided with ongoing disease prevention education

# **Celebrating 2019 Healthcare HIGHLIGHTS**



# Our donors, volunteers and sponsors allowed BOL to serve over 9,000 men, women and children in 13 countries in 2019! Here are the amazing accomplishments you made possible...

#### **BANGLADESH**

Trained 28 renal professionals employed by BOL's in-country partner, Sonar Bangla Foundation, in Dhaka on topics such as hemodialysis unit infection control, fistula and catheter access care, pre- and post-patient assessments, patient treatment intervention, and dialysis equipment troubleshooting and repairs

#### **BOLIVIA**

Provided chronic disease screenings and prevention education to 250 individuals in the rural area of Montero in partnership with Etta Projects and trained 12 community health workers on improved treatment and care for local patients



Screened and provided prevention education and other general health services in partnership with Timmy Global Health in both May and August to a total of 1,083 individuals living in rural communities outside of Santo Domingo

#### **GHANA**

Provided chronic disease screenings and prevention education to a total of 2,541 employees and their family members in both July and November in partnership with Newmont Goldcorp's Ahafo and Akyem mining communities

#### **GUATEMALA**

Screened and provided prevention education to 490 individuals who reside in the La Democracia, Escuintla Department in southern Guatemala, which has the highest incidence of renal disease out of all rural areas in Guatemala, in partnership with Fundanier; to 74 local individuals who have donated a kidney to a family member being treated at Fundanier Pediatric Dialysis Clinic and don't have regular access to services to check up on their own health; and to 490 individuals living in rural communities outside of Xela, along with other general health services, in partnership with Timmy Global Health

Completed arteriovenous (AV) fistula surgeries in partnership with Fundanier for 49 pediatric dialysis patients to replace their catheters, lowering their infection rates and increasing their mobility and quality of life, and trained 81 local staff on patient fistula care

Performed basic water treatment culture sampling and dialysis machine repair and troubleshooting at Fundanier's Pediatric Dialysis Clinic and provided patient safety and quality standards training to eight staff members











#### **INDIA**

Conducted a follow-up dialysis mission at Holy Cross Hospital hemodialysis unit in Nagercoil, which focused on clinical, reuse and technical enhancement training with local staff

#### **JAMAICA**

Completed AV fistula surgeries in partnership with University Hospital of the West Indies, Mandeville Regional Hospital, St. Ann's Bay Hospital, and Cornwall Regional Hospital for a total of 168 dialysis patients to replace their catheters and trained 126 local staff on patient fistula care

#### **MONGOLIA**

Provided dialysis machine maintenance and repair training to 12 staff members, including clinical practices training to nurses and administrative staff, at Lux Dialysis Clinic in Ulaanbaatar



#### **NICARAGUA**

Provided chronic disease screenings and prevention education to 172 individuals in the rural area of El Crucero in partnership with Susie Syke Clinic/Project El Crucero and trained six community health workers on improved treatment and care for local patients

#### **NIGERIA**

Screened 1,644 individuals in Abuja in conjunction with other healthcare services provided by in-country partner, the Association of Nigerian Physicians in the Americas

Installed two dialysis machines and two portable reverse osmosis units and provided dialysis machine introduction training to five staff members and water treatment training to seven staff members at ABUAD Multisystem Hospital's dialysis clinic in Ado-Ekiti



#### **TANZANIA**

Installed 20 dialysis machines and provided technical and operational training to clinical and administrative staff at Access Medical Dialysis Center, BOL's in-country partner, in Dar es Salaam

#### **TOBAGO**

Completed BOL's first medical mission to Tobago, performing 36 AV fistula surgeries for dialysis patients and training 98 clinicians on patient fistula care at Scarborough Regional Hospital



#### **UGANDA**

Screened 1,327 individuals in partnership with Global Livingston Institute and Reach a Hand Uganda during the iKnow Concert Series, an annual event that celebrates music and the arts and promotes public health, economic development and culture sharing in Uganda

## The Impact You Made for PARTNERS & PATIENTS



"These last two days have been, quite possibly, the most enlightening, rewarding days of my life. I'm blown away by the Ghanaian culture. What beautiful people and kind spirits!"

-Blair Philbrick, Senior Director of National Accounts, Pentec Health & volunteer in Ghana



"We learned so much that will help improve both the collective health of our community and our individual health. To date, there hasn't been a focus on chronic disease. We are working to change that because we know it's important...This workshop was extremely critical for our healthcare workers and extremely helpful for the patients."

-Dr. Juan Carlos Guzman, Director, Red de Salud Ichilo, Bolivia



"The way BOL runs things is in another dimension. It is so well organized and brings the right resources to do this work the right way. I love the screening and especially the education. I do not know how to describe it. It's awesome."

**-Felicia,** employee, Newmont Goldcorp, Ghana



30-year-old Verner donated a kidney to his brother nine years ago. Since his kidney surgery, he has not stepped foot into a doctor's office, not even for a regular check-up. During BOL's October 2019 medical mission to Guatemala, Verner was screened for hypertension, diabetes and kidney disease and was thrilled to receive his good results: "This is such peace of mind to know I am doing okay. I feel totally relieved." Verner now also has the resources to help him stay healthy.

## **BOL's Dedicated & Compassionate VOLUNTEERS**



"I came to Ghana with so many different ideals, but I am a changed person. BOL gave me an outlet to explore the real issues and struggles that exist at a grassroots level and they do so by immersing each person into the real facets of global communities. I have shifted my judgements and reservations on so many things and I can attribute this to BOL."

-Sheela Balaji, Clinical QA IT Supervisor, DaVita Inc. & volunteer in Ghana



"[Our mission in Nicaragua was] a week full of love. The team, the patients, the health workers... we all had love and tolerance for one another."

-Ruben Villada, Dietitian, DaVita Inc & volunteer in Nicaragua



"Even though we were there to train and educate the staff, we learned a tremendous amount about how they live and got to experience how well they work together as a family and a team. Now, I want to take those experiences and form them into the next phase of my life and dialysis career."

- Yolonda Woolridge, Patient Care Technician, DaVita Inc. & volunteer in India, Bangladesh



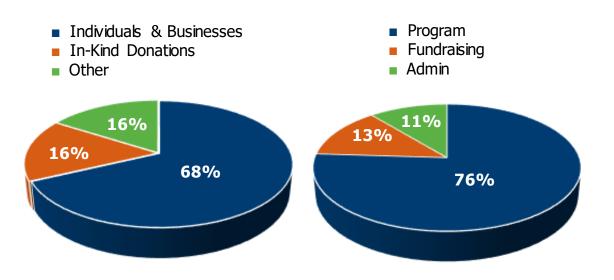
"This team—10
volunteers from BOL,
14 Ghanaians who
spent the week helping
us, Ghanaian medical
personnel willing to help
us coordinate specialty
care as needed, people
back home who donated
money to assist people
they had never and would
never meet—saved a
number of lives and made
an enormous difference in
many others."

**-Dr. Steve Cook,** Paladina Health & volunteer in Ghana, Haiti, Nicaragua

## The Numbers Behind Your SUPPORT

### \$2,076,881 donated by YOU in 2019

### **OPERATING REVENUE OPERATING EXPENSES**



### **BOL's Board of Directors**

Name	<b>Board Position</b>
<b>Steve Priest</b>	Chairman
Guy Seay	Treasurer
Mike Geiger	Secretary
<b>Debbie Benner</b>	Director
Dee Bradley	Director
Dave Hoerman	Director
Mark Kaplan	Director
Robert Lang	Director
Roy Malkin	Director
Lori Vaclavik	Executive Director & President



"None of us...ever do great things. But WE can all do small things, with GREAT LOVE, and TOGETHER, we can do something wonderful." -Mother Teresa









Working together for a healthier world

BOL is a nonprofit organization and 501(c)(3) public charity founded by DaVita Inc.

#### **Bridge of Life**

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